

Welcome to Sacred Stewardship


Regaining our spiritual partnership with the food we eat



An e-introduction to a book about
the critical health of our food,
the bounty of our spirit and world,
and how to re-establish these connections
through biodynamic, organic food production.

by Charles Hubbard and Maggie Carruthers

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Thank you for taking the time to look at this brief presentation of
the book:

Sacred Stewardship

Regaining our spiritual partnership with the food we eat

**To order your copy of the book please refer to the
“How to order”
page on the website.**

Note to book reviewers:

We hope that you will be inspired to ask us for a complimentary copy of the book for your review. Please send a copy of your published review to the publisher
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Book Features



- **Hands-on exercises to improve connection with land and food**
- **Instructions for various applications**
- **Areas for adding notes of reader's discoveries**
- **Large, easy to read format (8½ x 11)– wire spine for easy use**
- **Diagrams provide clarification**
- **Pictures depict growth over two summers**
- **CD with pdf resource file and two meditations**
- **Printed on recycled paper**
- **Identified values to support growing food with intention and vitality**

Sections

This book is a story that we hope will guide and inspire you through your own process of creating sacred stewardship and if possible your own living classroom. We encourage you to use this book as a guide, relying on your own direction, common sense and intuition for the final word. Whatever you do in life, it must resonate with you and you alone. We encourage you to develop your own principles, do your own research on the topics outlined and try your own experiments.

Now a 100 acre farm

Food vitality – choosing a new way of living and eating

The Silent Teachers of a living classroom

Communication - the wonderment of energy exchange

Food security and Self-sufficiency

Creating your own living classroom

Looking to the future



Special topics

- Dowsing
- Communication
- Sacred Geometry
- Helping Spirits
- Sacred Space
- Cosmic Energies
- Earth Energy Circles
- Biodynamic Farming
- Radionics
- Cosmic Pipes
- Refractometer
- Labyrinths
- Pyramids



Benefits of growing food in a pyramid structure

I first came across the idea of using pyramids to grow food when I read a small little book by Les Brown where he talked about his experience of building pyramid greenhouses. Many years ago the energetic benefits of pyramids were well known. Some readers may not know that pyramids are not just found in Egypt, but also in China and Central America, as well as other countries.

And so it was we considered the pyramid an interesting tool to use and thought it would match well with our objective: "reduce the energy and increase the quality". The energy of the pyramid is there. There is no question about it. We know from pictures done by Kirlian photography that you can see the energies swirling out from the top and through the 4 bottom corners. We are also able to see evidence of these energies swirling inside simply by holding a rod at just above head level when standing under the apex.

Working with pyramids has left me to wonder how this technique would help people in warmer climates who are desperate for food, who, in theory, would just have to use some sticks, form the correct angles and corners of a pyramid, to likely increase food production. I have also considered the food security implications of this technique for Nova Scotians who import 85% of their food.

Wooden pyramids on the farm

We have experimented with wooden pyramids about 5 feet square in the garden by the barn. Not appreciating the efficacy of the pyramid energies, we planted too many crops within the pyramid which created a garden too full. Everything grew so dramatically that it became virtually impossible to measure. All we could measure was that it GREW! The energy of the pyramid noticeably affected even nearby growing areas.



Some of the sacred tools

Labyrinth

The labyrinths on our farm

We have two labyrinths, one for people (45 feet across) and one, much larger, for horses. Each is of the seven circuit Sacred Cretan style. Often, we have seen people go into the labyrinth with a sense of worry, and upon exiting the labyrinth, it is evident that they have received some answer to the questions they had when entering the labyrinth. The attitude and reverence one holds before entering the labyrinth is very important. It is necessary to respect the labyrinth and the other kingdoms that reside there. It is proper etiquette to say a prayer of thanks when exiting the labyrinth.



Sacred Geometry



There are 5 basic platonic solids that make up sacred geometry...These are the very basic building blocks of all existence. These shapes can be found in our bodies at the cellular level... thus linking us all together as part of a great whole even throughout the galaxy. This is why it is sacred. By understanding the interconnectedness of everything, I can use this knowledge to help me on the farm.

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Earth energy circle

Earth energy lines are electromagnetic. We are also electromagnetic. Some of the earth's energy lines have a positive impact while others cause great upset ...Some beekeepers in the west make a point of putting hives on energy lines. This makes the bees much more productive because the earth energy line energizes them...the varroa mite which is devastating our bees, does not like these energy lines and will die off leaving the bee in health if the hive is placed on an energy line.



Biodynamic & energy aspects

Compost

Radionics



Radionic equipment measures energy or vitality. As far as the farm or garden, you can start with the very basics. Take a soil sample and measure the energy of the constituents of the soil whether talking about phosphates, potash, trace elements, minerals, vitamins and the very life force of the soil, referred to as "total general vitality".



As a biodynamic farmer, a major part of the story of our living classroom is compost. It is important to find a spot in the field to put compost, where two electromagnetic energy lines cross. We then form a compost pile into the shape of a cross which energizes the compost pile.

Impact of energy

Once I began to realize that these energy lines could affect certain animals detrimentally then we began to understand that it is the place that is the problem, not necessarily the cow or animal on that place. Once these energy lines were dispersed, then the cows would return to normal and not get sick any more. Likewise, in pigs there is a horrific problem which we generally call "tail biting" where the animals become so agitated they begin gnawing at each others' tails to an extreme point. This can be caused by a number of reasons but I believe one reason for this could be that their particular pen is situated on an energy line that is not agreeing with them thus creating disturbances for that animal, rippling out to cause unrest and imbalance amongst all the animals.



Food Vitality



So this raises the question: How will we raise our vibrations to be able to cope and thrive under these new environmental strains? Here is where Charles brings the importance and impact of high vitality food full circle in the following theory.

When we hold the energy of love in our body, the body can experience and sustain higher vibrations. Certainly, as humans we can feel love for each other, as we connect to God (as we individually understand Divine) we can receive love. As spiritual beings we can create and hold the energy of love. But given that we are also human and it is hard for many to sustain the feeling of love with all the daily distractions, we need another daily, reliable source of higher vibrations.

The source: our food. As outlined in previous areas in the book, we have the mechanical ability within our digestive system to harvest light from our food that aluminates our cells. The higher the vitality in our food, the higher vitality we will hold, naturally.

Self-sufficiency is possible

I conclude that we are not just facing a food crisis, but we are facing a spiritual crisis that requires immediate attention and affirmative action - action that is not left to the politicians but taken up by the people in simple, effective ways. This is where our strength and resolve resides - in our deepest heart's desire to live well and in peace. In the end, all the people I have learned from and events that have influenced me over the years have really opened my eyes to all sorts of new possibilities.



I see that there are many ways of doing the same thing. Again, looking at history, civilizations have fallen because the land was neglected and misused. It is vital then that we encourage stewardship, reverence, husbandry, and forget the idea of cheap food. Balance can return to the countryside. Many of the environmental issues would dissolve



Exploration and encouragement

I use the principles of biodynamics as best I can. There are others who make it an art and know many specifics that would take me years to learn. I have learned by observation and reading. Through dowsing, I have been able to obtain much of the missing information. Unfortunately, there are no biodynamic teachers around me. If you are fortunate enough to know someone who is well versed in biodynamics, then go to them and ask the questions because these are very valuable people.



Every day, my farm shows me the results from using the cosmic forces and electromagnetic energies of the earth. These energies have created an ability to grow so much more food, at a lower cost, and higher quality. I encourage you to try applying the biodynamic principles to your own environment. The more you do, the more it's likely to bring hope for mankind. Start living with nature and there will be hope for our future.

The time to care for our future is now.

The energy focus needed to implement these changes is that of wonderment, peace and play...as reflected in the quote:

And so it was in the beginning, when the Great Farmer created a place for emergence. Then, in time, the energy of vibrational landscape of cosmic thought had eyes to see and could see its own radiance and beauty. Life had become the living manifesto of God's beauty and then God came down to play. We are Mother Nature's promise to herself.

Being and Vibrations – Joseph Rael



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